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Local pg 4

Poll finds lukewarm support for Kelly

HALIFAX • TUESDAY, MAY 18, 2010

metronews



Council to tackle \$30M budget shortfall tonight

POLITICS The answer to how council hopes to avoid a \$30-million shortfall will be revealed tonight.

The 2010-11 budget will be tabled tonight at city hall.

City staff have found a way to cut from the budget to meet "extra cost pressures," Mayor Peter Kelly said in an interview yesterday.

Council may decide to stop the cuts there or implement a 1.7 per cent tax increase.

"That's up to council's direction and discussion from here," he said.

The budget will be tabled at 6 p.m., but council will discuss it in open houses tomorrow and Thursday before making a decision on Friday, or if need be, next Tuesday.

JENNIFER TAPLIN/METRO HALIFAX

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SCAN LIFE

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Entertainment pg 17

Return of the Dummies

On the web

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Teen dies in late-night crash

Two who fled scene of Dartmouth accident have since turned themselves in

JENNIFER TAPLIN
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Fifteen-year-old David Alexander Julien was bleeding in the back seat of a car on Sunday night when the driver and other passenger took off running, according to witnesses.

The white Honda Accord had slammed into a power pole on Cranberry Crescent in Dartmouth at around 10 p.m.

The Grade 10 Prince Andrew High School student died at the scene.

Ryan Farrant lives nearby and heard a vehicle screeching around the neighbourhood about 20 minutes prior to the crash. He went running when he heard "a loud crashing sound."

"It was an absolute mess: the car was practically bent in half, the drivers side was completely caved in, they hit a green bin so there was garbage and organics all over the road, glass was everywhere," he wrote in an email to Metro.

The driver and other passenger were gone by the time Farrant arrived on scene. And it was when he reached in to shut the car off that he noticed the injured boy in the back seat.

"Seeing David bleeding as bad as he was really shook me up, it really hit me later on when I realized I was one of the last people to see this kid fighting for his life, a fight as we know he lost,"



Jim Sutherland sweeps debris from his driveway yesterday after a fatal crash in front of his Cranberry Crescent home in Dartmouth. David Julien, a 15-year-old Prince Andrew High School student, was killed after a car he was riding in crashed into a pole late Sunday. The driver and another passenger in the car fled the scene, but have since turned themselves in to police.

he wrote of the Dartmouth resident.

"Someone's baby died that night and I only wish I could have done more."

The most sickening part of this situation, said Farrant, is that the two other occupants of the vehicle left Julien behind.

"Those two who abandoned him had better live

with the guilt of it for the rest of their lives."

Two men, both 18, turned themselves in to police at 10:45 a.m. yesterday.

Halifax Regional Police spokeswoman Theresa Rath said no charges had been laid as of yesterday afternoon.

"At this point, it's too early to tell," she said about

possible charges. "We're still trying to determine who the driver is and who the passenger is and piecing everything together."

Police believe speed and possibly drugs and alcohol were factors in the crash. The car was not stolen and Julien wasn't wearing a seatbelt.

MORE COVERAGE, PAGE 3

Tragedy brings back painful memories

COLLISION Sunday's accident tore through Donna Gray's front yard and brought back awful memories.

Her 23-year-old great niece Allyson Kinley was killed after a high-speed collision on nearby Main Street in 2007. Street racing was a suspected cause of that collision and Gray suspects it might be the same for the accident that killed 15-year-old David Alexander Julien.

"A black and a white car were skidding around," Gray said.

She considered calling the police, but didn't. She said yesterday she feels guilty for not making the call.


"So there's another set of parents devastated."

Halifax Regional Police spokeswoman Theresa Rath said they did get a call that a car was driving erratically in the area that night.

Given the wrecked state of the car, Gray added she's surprised the other two men in the car were uninjured enough to run away.

"It's very sad," she said. "It's just so fast you're stunned."

JENNIFER TAPLIN/METRO HALIFAX



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Local



X-Man in court on flashing charges

The man facing charges in relation to an alleged flashing spree in Halifax from March 21-26 will make his first court appearance today. Neil James Wayne MacDonald, 26, from Halifax, is charged with seven counts of an indecent act in connection with seven incidents that took place mostly in south-end Halifax around Dalhousie University. MacDonald, originally from Sydney Mines, is a former basketball star with the St. Francis Xavier X-Men. The six-foot-11 centre has also played professionally in Europe.

METRO HALIFAX

MLA audit results coming today

PAUL MCLEOD
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Nova Scotians will learn today whether current or former MLAs are being investigated by police.

Auditor general Jacques Lapointe is unveiling his forensic audit this morning, which concludes a three-month investigation into possible illegal activity by some politicians.

Lapointe confirmed yesterday he had spoken to police over the course of his audit, but wouldn't say how many, if any, files have been turned over to police.

Lapointe is only saying that a "small number" of MLAs were involved. Rumours have been circling for a couple weeks that five names are being looked into specifically.

Only two are known for sure. Former Liberal MLA Dave Wilson hired a lawyer and resigned his Glace Bay seat after he was contacted by the auditor general in March.

The NDP also revealed it handed over files to Lapointe on MLA Trevor Zinck it considered questionable.



Former Conservative MLA Richard Hurlburt speaks to reporters in this file photo from February. Hurlburt resigned after auditor general Jacques Lapointe's initial report on MLA expenses. Lapointe will release his forensic audit into MLA expenses this morning.

tionable.

Those same questionable files resulted in Zinck being kicked out of the NDP caucus.

Other than Wilson, the only MLA to resign after the expense scandal broke

was Yarmouth Progressive Conservative Richard Hurlburt.

Questions have also been raised about whether Lapointe will make public which names he has passed on to police.

He wouldn't comment on that matter yesterday.

When it began in February, Lapointe said he expected his audit to be concluded in a matter of weeks. It ended up taking three months.

Looking back, he said he isn't surprised it took so long seeing as forensic audits are extraordinarily complex.

"In an investigation you look at very specific events and activities and you have a specific goal. With a forensic one, it's the goal to determine whether or not there was any illegal activity," he said.

The forensic audit was launched after Lapointe received new information during the fallout from his review of MLA expenses that birthed the expense scandal.



Lapointe

Police seeking suspect after masturbation complaint

SEARCH Halifax Regional Police are looking for a man they say was masturbating outside an apartment building in Halifax early yesterday morning.

Police say they were called to the 100 block of Westgrove Place near Main Avenue at 12:30 a.m. after someone complained a man was outside his window masturbating.

A search of the area didn't locate the suspect. A police K-9 unit was brought in to assist.

Anyone with information on the identity of the suspect is asked to call police.

METRO HALIFAX

Vandals strike mailboxes, garbage truck

CRIME Police are investigating a rash of vandalism in Dutch Settlement.

Halifax RCMP say 15 mailboxes, including some with Canada Post, were knocked over or broken off their stands on Highway 227 late last week. Several garbage bins were also damaged, and a dump truck had its driver side door smashed and a large dent put in the driver side door from a rock.

Police say the damage occurred overnight Friday into early Saturday morning.

Anyone with information is asked to contact police or Crime Stoppers at 1-888-222-8477.

METRO HALIFAX



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Baillie to unveil decision on mayoral run

POLITICS Jamie Baillie will make his intentions known shortly regarding a run for the Nova Scotia Progressive Conservative leadership.

The Truro native has been considered a front-runner by many political observers for the position following Rodney MacDonald's decision to leave politics after last year's provincial election.

Baillie, the president and chief executive officer of

Deadline

- The Progressive Conservative Party of Nova Scotia has set Oct. 29 and 30 for a leadership convention.
- Candidates have until Aug. 16 to file their nomination papers.

Credit Union Atlantic in Halifax, said he has a few things to do before making a final decision.

TRURO DAILY NEWS

Four arrested in credit card fraud bust

FRAUD Halifax Regional Police say they've disrupted a fraud ring operating in HRM after four people from the Toronto region were arrested over the weekend.

Henry Oware, 47, Eric Kusi, 45, Nazrene Khan, 23, and Colwin Boston, 22, are facing a combined total of 58 fraud related charges.

Police allege the four were operating a fraud

More charges

- Police say the investigation is continuing and further charges are anticipated.

ring in Halifax involving the use of stolen credit card numbers and other personal information to purchase high-volume gift cards. Authorities were able to halt the fraud ring af-

ter officers responded to a theft of a high-end watch at a store at Mic Mac Mall, police said.

A lot of people are encouraging him to run and there appears to be a number of high-ranking Tories who would support him if he does decide to do so.

Baillie was premier John Hamm's chief of staff for three years before leaving in 2005 to join Credit Union Atlantic.

ter officers responded to a theft of a high-end watch at a store at Mic Mac Mall, police said.

Police arrested two people they say were associates of the robbery suspect at the mall, and three more people, including the man from the original alleged theft, in downtown Halifax.

One man, who lives in Halifax, was later released.

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Halifax writer in the running for Danuta Glead Award

A Halifax writer was shortlisted for the Danuta Glead Literary Award. Joey Comeau was nominated for Overqualified, a collection of job application letters to a long list of real employers. The \$10,000 award is presented annually by the Writers' Union of Canada for a first collection of short fiction. **THE CANADIAN PRESS**

Students hit hard by death of friend

JENNIFER TAPLIN
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Shockwaves rippled through Prince Andrew High School in Dartmouth yesterday as students learned of the death of one of their own.

Kayla Sutherland and Alyssa Richardson, both 15, couldn't believe it at first when they were told one of their best friends, David Alexander Julien, was killed in a car accident on Sunday night.

Julien was one of three people in the car that struck a utility pole in a Dartmouth neighbourhood around 8 p.m. Julien was sitting in the back seat and wasn't wearing a seatbelt, police say. He died at the scene.

"Some people couldn't talk they were crying so hard," said Sutherland.

"People started looking

"People started looking like zombies, and no one knew what to do."

Alyssa Richardson, student at Dartmouth's Prince Andrew High School

like zombies, and no one knew what to do," added Richardson.

Extra counsellors were sent to the school yesterday to help students cope with the loss.

Sutherland said she knew Julien since junior high and he was a good person.

"We used to go to his house everyday and he made me toast. He used to try my pants on and we'd laugh about his big butt," she said, laughing.

Hand-in-hand with grief is the anger at the two other occupants of the car who allegedly ran off after hitting the power pole.

"If it's his time to go, then it's his time to go but you don't leave someone

there. You don't just leave your friend there," Richardson said.

The two girls spent yesterday afternoon calling businesses in the area and asking them to donate to their fundraising efforts. They want to raise money for Julien's funeral.

"His mom doesn't have a lot of money and we want to make sure he has a funeral he deserves. A lot of people loved him," said Richardson.

They're starting up a penny drive and also planning auction and barbecue fundraisers.

The girls said there's a bucket set up in the school's office to collect donations.

— WITH FILES FROM RYAN TAPLIN

Rally International Day Against Homophobia



Daniel MacKay, right, holds up a rainbow-coloured umbrella as he, Gabe Saulnier, left, and Roxie the dog attend a rally against homophobia and transphobia at Grand Parade yesterday to mark the International Day Against Homophobia.

Suspected gas station weapon wielder facing charges

WEAPON A 20-year-old Cape Breton man suspected of brandishing a weapon at the Petro Canada gas station in Sydney River on Friday was arrested without incident by police on Sunday night.

According to Cape Breton Regional Police, a male driver was waiting for a

spot at the pumps around 11:30 a.m. Friday, when a man drove his vehicle around him into the vacant spot and pumped his fuel. After the man paid for his fuel, he returned to his vehicle, but the vehicle he had cut off was behind him and there was another vehicle ahead of him.

"This male got out of his vehicle with the weapon in his hand, yelling and screaming at these other customers to get out of his way," a police release said.

Kennedy said the suspect is charged with two counts of assault with a weapon and breach of conditions.

CAPE BRETON POST

There's a Fiesta coming to your town this week. And everyone's invited.



For years Atlantic Canada has welcomed newcomers from across the ocean. So we thought, what better place to introduce the all-new 2011 Ford Fiesta? It arrives in summer 2010, but right now you can get a sneak preview of this hot-selling, award-winning European subcompact car at your local Atlantic Ford Store. It's your chance to come down and be among the first in Canada to see what the Ford Fiesta is all about.



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Impressions of Mayor Peter Kelly have remained basically the same over the past year. Sixty-eight per cent of CityThink respondents say their impression of Kelly has stayed the same, while 17 per cent say it's worsened somewhat and six per cent say it's improved somewhat. **METRO HALIFAX**

Approval ratings slide for Kelly, council

Poll numbers down from 2008, with mayor earning average of 6 out of 10, council earning 5

ALEX BOUTILIER
for Metro Halifax

Support for HRM's regional council and mayor appears to be waning from 2008 levels.

Respondents in the CityThink survey done for Metro Halifax and the Greater Halifax Partnership were asked on a scale of one to 10 how satisfied they were, overall, with regional council and in Mayor Peter Kelly.

On average, support for council came in at five. Mayor Kelly had slightly higher numbers, with an average of six.

While the numbers may seem middling, Craig Wight, senior vice-president at Bristol Omnifacts, which conducted the survey, said they are actually pretty poor.

"If I liken it back to a report card, and you're coming home with your report card and you got a 50, mom and dad aren't too pleased," said Wight.

In his research, Wight used seven and above as the benchmark for a positive response. For council, only 28 per cent of respondents fell in that category. For Kelly, 45 per cent responded with a seven or above.

Both approval ratings are down from the same



HRM Mayor Peter Kelly goes for a ride on the inaugural run for a new hybrid bus in this file photo from March. A CityThink poll shows support for the Kelly is waning from 2008 levels.

survey two years ago, when Kelly came in at 57 per cent and council at 39 per cent.

Kelly said some of the

dissatisfaction may stem from council's tendency to get bogged down in relatively minor debate.

"Things, at times, get

bogged down where we go where we shouldn't go in terms of the in-depth points of discussion," Kelly said. "There are things that

come (before council) that don't follow under our responsibility, and that adds to the frustration of council."

Little white lie

• A full 81 per cent of respondents in the CityThink poll claimed to have voted in the last municipal election in 2008. That's 44 per cent more than the actual turnout.

Craig Wight, senior vice-president at Bristol Omnifacts Research, said questions of that nature often see a disconnect from the actual situation.

"People know they should (vote), but they don't," said Wight. "There's lots of examples of that ... If the doctor asks how much you drink, the doctor probably knows they need to double whatever you say."

Kelly said one possible way around the issue would be to increase the power of community councils. HRM's six community councils meet separately from regional council, discussing issues specific to the area.

"There is a need to give community councils more autonomy, more responsibility, to lessen up some of (the) time frames here at council in dealing with minor issues," said Kelly. "That is ... long overdue."

The CityThink survey has a margin of error of 4.4 per cent, 19 times out of 20.

HRM residents favour decreasing number of councillors

ALEX BOUTILIER
for Metro Halifax

DOWNSIZING The majority of residents in HRM would like to see a smaller regional council.

Fifty-six per cent of respondents in the CityThink survey say they favour decreasing the number of

councillors currently serving at city hall. Another 36 per cent say they would prefer maintaining the same number, while four per cent wanted an increase.

HRM currently has 23 councillors — far more than other Canadian municipalities of comparable populations.

"Having less dysfunction around the table ... (would) make (council) much more efficient and effective."

Bedford Coun. Tim Outhit

Mayor Peter Kelly said the topic has come up during the municipality's public consultations on boundary review. But he warned

there are trade-offs for reducing the number of councillors.

"Any reduction in politicians is ... considered to be

a good thing," he said. "(But) if you do go smaller, how do you compensate for that adjustment? Normally it would mean more staff who would take on more roles and responsibilities."

Bedford Coun. Tim Outhit, who has been a vocal supporter of trimming down council's size, agreed

more staff might be necessary with fewer councillors. But Outhit said he thinks the main reason for reducing council seats is not to save money, but to increase efficiencies.

"I firmly believe ... having less dysfunction around the table ... (would) make it much more efficient and effective," he said.

Results from the CityThink survey on the topic of municipal politics

ALEX BOUTILIER
for Metro Halifax

The CityThink survey sampled 500 residents of HRM last month and carries a margin of error of 4.4 per cent, 19 times out of 20.

1 On a scale of one to 10, with 10 being completely satisfied, how satisfied are you with city council?

- 1 – 3%
- 2 – 6%
- 3 – 8%

- 4 – 13%
- 5 – 20%
- 6 – 19%
- 7 – 15%
- 8 – 10%
- 9 – 2%
- 10 – 1%
- Don't know – 3%

2 On a scale of one to 10, with 10 being completely satisfied, how satisfied are you with Mayor Peter Kelly?

- 1 – 7%
- 2 – 4%
- 3 – 6%
- 4 – 7%

- 5 – 15%
- 6 – 13%
- 7 – 19%
- 8 – 18%
- 9 – 4%
- 10 – 4%
- Don't know – 2%

3 On a scale of one to 10, with 10 being completely satisfied, how satisfied are you with the level of municipal taxation considering the municipal services you receive?

- 1 – 7%
- 2 – 7%

- 3 – 7%
- 4 – 12%
- 5 – 19%
- 6 – 16%
- 7 – 17%
- 8 – 8%
- 9 – 1%
- 10 – 2%
- Refused to answer – 1%
- Don't know – 5%

4 Over the past 12 months, has your impression of Mayor Peter Kelly ...

- Improved greatly – 1%
- Improved somewhat – 6%
- Stayed the same – 68%

- Worsened somewhat – 17%
- Worsened greatly – 6%
- Refused – 1%
- Don't know – 2%

5 There are currently 23 councillors for Halifax Regional Municipality. In your opinion, should there be an increase in the number of councillors for HRM, a decrease in the number of councillors for HRM or should the number of councillors remain the same?

- Increase – 4%
- Decrease – 56%
- Remain the same – 36%
- Don't know – 4%

6 Did you vote in the last municipal election?

- Yes – 81%
- No – 17%
- Don't know/Refused – 2%

7 Do you intend to vote in the next municipal election?

- Yes – 90%
- No – 7%
- Don't know – 4%

Cancer Care director named

The province has appointed Dr. Carman Giacomantonio as chief medical director of Cancer Care Nova Scotia. The medical director will work with district health authorities, doctors and other health-care professionals to ensure consistent cancer care across the province. **METRO HALIFAX**

Dal gets \$10M grant

School hopes federal funding will lead to oceanography breakthroughs

PAUL MCLEOD
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Dalhousie University is hoping a new \$10-million research grant will spark world-leading breakthroughs in the field of oceanography.

Dalhousie was one of 19 recipients of a Canada Excellence Research Chair, and is using it to lure renowned researcher Douglas Wallace to Halifax from the University of Kiel in Germany.

"This is a fantastic opportunity," Wallace said yesterday. "It gives me the chance to really start something new and tackle new projects. It's a once-in-a-lifetime opportunity."

Dalhousie is launching a massive research program behind Wallace, who will be looking at how pollution is affecting ocean life.

"We know that over the last 200 years or so, 50 per cent of (the carbon dioxide) we've emitted has ended up in the ocean, dis-



Researcher Douglas Wallace is leading a project at Dalhousie University, looking into how pollution is affecting ocean life.

solved in the ocean somewhere. The question is: Where? How much? And how's the future going to look?" he said.

"It's starting to affect the chemistry of the ocean, so that may have some implications for the organisms that live there.

So I'm trying to track that down."

It's a homecoming for Wallace, who lived in Halifax during the 1980s while getting his PhD from Dalhousie.

To match the federal grant of \$10 million over seven years, Dalhousie is putting up another \$24 million over that time-frame.

The school will use the money to hire more researchers, technicians, grad students and support staff to study ocean science and technology.

"It will in the long run help us manage our oceans, our ocean resources, our oceans-based industries much more effectively," said Dalhousie president Tom Traves.

"This is of huge, huge importance to a place like Nova Scotia, which, of course, has 15 per cent of its total provincial GDP tied up in oceans-based activities."

Wallace will begin at Dalhousie in August 2011.

Thousands back Hector

PICTOU More than 2,000 people have signed a petition urging all three levels of government to come together to find some way to keep the ship Hector open this year.

Faus Johnson, chair of the Ship Hector Foundation, delivered copies of the petition last week to Pictou Mayor Joe Hawes, Central Nova MP Peter MacKay and Pictou West MLA Charlie Parker.

The petition asks the three levels of government to meet the foundation halfway and come up with \$50,000 in funding that will allow the quay to operate this summer.

"We're hoping to raise

\$50,000 — we'll raise more if we can, but we think that's a realistic number," Johnson said. "We're hoping they'll meet us halfway and contribute \$50,000 as well."

The foundation would like to see the ship and quay open its doors June 1, which would coincide with the opening of the Ship Hector Store, but it hasn't heard yet whether that's possible.

Johnson is hoping the 2,000 names will have some effect on the decision.

NEW GLASGOW NEWS

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Accused murderer appears in court

MONCTON A man charged in the slayings of a New Brunswick woman and her young son 15 years ago will return to court next month.

Raymond Joseph White made a brief court appearance yesterday in Moncton provincial court before the matter was adjourned until June 7.

White faces two counts

of first-degree murder in the deaths of Mary Lou Barnes and her 12-year-old son, Larry Mills Jr.

They were found strangled in their mobile home near Sackville, N.B., on Nov. 6, 1995.

White, 63, is serving prison time in British Columbia for a series of robberies in Nova Scotia.

THE CANADIAN PRESS

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A report says the oilsands could be a riskier place to invest for the long-term than the Gulf of Mexico, where a ruptured oil rig has been spewing crude oil. The report by RiskMetrics Group likened development of Alberta's oilsands to the Gulf of Mexico disaster playing out in slow motion. **THE CANADIAN PRESS**

Canada



PM calls bank tax proposal unfair

Prime Minister Stephen Harper says a proposed international bank tax would unfairly penalize Canadian banks. He says Canada's banks didn't have to be bailed out during the global financial crisis and shouldn't be saddled with the proposed levy. Harper says you can't tax an economy back into prosperity. He says he will push the G20 to adopt a more sustainable system of financial regulation as a corrective to the economic meltdown. **THE CANADIAN PRESS**

B.C. Aides on trial



Former ministerial aides Bobbi Virk, right, and Dave Basi are seen leaving the B.C. Supreme Court in downtown Vancouver yesterday. Virk and Basi, who face allegations the pair had leaked information about the \$1-billion sale of Crown-owned B.C. Rail to Canadian National in exchange for money, are on trial.

Anarchists vow G20 trouble

Online message claims group will make Toronto 'regret' conference

It will be militant. It will be confrontational. And some things may be smashed.

In a rallying cry that has its made its way onto numerous anti-capitalist websites, a group of Ontario anarchists is dropping clues of its plans to disrupt the G20 summit.

The Southern Ontario Anarchist Resistance (SOAR) plans to take part

"This action will be militant and confrontational, seeking to humiliate the security apparatus."

Southern Ontario Anarchist Resistance (SOAR)

in the June 26 People First march — a popular public rally at London's G20 summit in 2009 — before continuing down to the security fence to "confront the

police state."

"This action will be militant and confrontational, seeking to humiliate the security apparatus and make Toronto's elites re-

gret letting the dang G20 in here," said the message, which first made rounds early last week.

The message promotes several protest events, including a roaming street party, and implores its members to support a variety of tactics. It is unclear how large the group's membership is. A message to SOAR wasn't returned.

TORSTAR NEWS SERVICE

Canada-born cameraman alive, recovering

BANGKOK According to Thai television reports, Canadian-born cameraman Nelson Rand died over the weekend.

No one told him, however.

"Are you kidding?" he said, recovering in the intensive care unit of a private hospital in the Thai capital yesterday, as fire-fights continued across the city.

The 34-year-old Burlington, Ont., -born journalist and author was shot three times Friday near the Japanese Embassy while filming clashes between government soldiers and Red Shirt protesters who have occupied a posh district in downtown Bangkok for two months now.

The protesters are demanding the dissolution of Parliament and fresh elections.

Government soldiers, meanwhile, are desperately trying to disperse them and restore Thailand's image of a peaceful, welcoming tourist destination.

Rand was strong, clear-minded and surprisingly



Canadian-born cameraman Nelson Rand recovers in the intensive care unit of a Bangkok hospital yesterday during a visit with a friend. Rand was hit by three bullets from a sniper on Friday while covering protests in Bangkok.

good-humoured for a man who had nearly died.

"Did I flatline?" he asked a visiting friend — a pejorative meaning: had his heart stopped?

It had stopped, his friend and fellow Canadian Chandler Vandergrift told him:

for about six seconds, according to doctors, before he was revived.

"I remember being hit in the left hand and I went to grab it with my right and I just starting going down," Rand recalled. "That's when I was hit two more

times."

Rand's excruciating experience appeared on CNN, including the moment when a sniper pumped two final shots into his left side. Why he was targeted isn't clear.

**TORSTAR NEWS SERVICE
MORE COVERAGE, PAGE 7**

Feds among smokers of illegal tobacco: Study

CIGARETTES Federal government workers, high school students and Supreme Court employees are buying illegal smokes, says a study by the Canadian Convenience Stores Association.

The study, released yesterday, counted cigarette butts outside government buildings and schools in Ottawa and examined to determine how many were contraband. The results show how widespread the problem is and the adverse effect it is having on cor-

ner store owners, say the study's sponsors.

"It's everywhere," Michel Gadbois, senior vice-president of the CCSA.

"Morally, these are places that should be zero per cent because they are government buildings," Gadbois told a news conference yesterday.

The butt study results ranged from a high of 39 per cent contraband outside an Ottawa high school to 22 per cent outside the Supreme Court building.

TORSTAR NEWS SERVICE

Author lauded for drug admission

SUBSTANCE ABUSE Beloved er, his fans and his colleagues.

"It's unbelievable," said Don Jones, who is producing Munsch's upcoming Canadian tour.

"Ninety-nine per cent (of fan letters) have been wishing Bob the best. (It's been) very positive," he added.

Robert Munsch is being applauded for going public with his drug addiction.



Munsch, 64, revealed during a weekend TV interview that he is four months clean after battles with cocaine and alcohol.

Yesterday, he received support from his publish-

TORSTAR NEWS SERVICE

Tories give cardinal's remarks a wide berth

ABORTION The Harper government distanced itself yesterday from anti-abortion remarks by one of Canada's most prominent religious leaders that have caused an uproar.

Intergovernmental Affairs Minister Joece Verner described the comments by Marc Ouellet — a Catholic cardinal once touted as a possible candidate for the papacy — as "unacceptable."

The controversy was trig-

gered when the Quebec City cardinal called abortion a moral crime in every case, even in the case of rape victims. The comments from Ouellet come with the abortion issue, suddenly heating up again.

Over the weekend, Ouellet applauded the Harper government for its stance against funding abortions in the developing world. But Verner moved yesterday to distance her government from the remarks.

"The government did not put forward the agenda for maternal and child health (at the G8) to go get congratulations from the cardinal," Verner said.

"I don't want to be disrespectful towards him, but this wasn't our objective."

Verner described herself as pro-choice, and she offered a very curt ass-

ment of Ouellet's remarks: "It's unacceptable."

THE CANADIAN PRESS



"Are you big in Detroit business? Ottawa has a bridge to sell you."

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Hundreds escape Vietnamese drug rehab camp

Nearly 600 inmates in a Vietnamese drug rehabilitation camp overpowered security guards and escaped, an official said yesterday. At least two-thirds of them were still at large. Vietnam's laws allow drug addicts to be held for up to two years in rehabilitation centres, many of which include hard labour and communist "ideological education." **THE ASSOCIATED PRESS**

World



We got lucky on H1N1: WHO head

The UN's global health chief says the world was lucky that the swine flu pandemic was relatively mild. WHO Director-General Margaret Chan, left, says the virus hadn't mutated into a more dangerous form, and treatments such as Tamiflu and vaccines proved effective. But, she says, a problem in any of these areas would have made the flu outbreak far more severe. Chan says public health successes usually result from governments enacting good policy and devoting enough resources. **THE ASSOCIATED PRESS**

'For me, this is about justice'

Resolve remains strong among Red Shirts

They were expected to be cowed and scared.

Instead — they were defiant.

Thailand's Red Shirt protesters faced down an ultimatum by government forces yesterday to clear women and children from their protest site and prepare for a final clash.

But the protestors refused to flinch.

"We're not leaving. We're staying put," said 34-year-old farm labourer Tongmak Sanrut, who with his wife and two infant sons has been camped out in the heart of Bangkok for two months.

"We want democracy and we want justice ... and if violence comes, our struggle will continue."

And with those words, Sanrut — a thin rake of a man from northern Thailand — crystallized an essential truth the government of Prime Minister Abhisit Vejjajiva seems so far to have failed to grasp.

The government's actions have focused entirely on putting down a protest.

But what's at work here goes far deeper: Thailand is seeing an emerging

The showdown in Thailand

- Protests began March 14; violence erupted on April 10.
- The death toll surpassed 60 yesterday, with the vast majority being civilians, according to one protest leader.
- More than 1,600 others have been injured.
- Many of the protesters — known as Red Shirts — say Prime Minister Abhisit is ruling on behalf of a small, well-connected elite.
- The Abhisit government has thus far refused to allow any outside intervention into what it says is its internal affairs.

movement based on widespread discontent with the way the country is run.

It's a movement not likely to go away when the protesters return home.

People here are fed up. As gunfire and explosions rumble across Bangkok's night skies, protesters awaken in this camp each morning, survey the bullet holes, count the casualties — if and when they occur — and feel more alienated from a government that has thus far said nothing about their grievances.

For many, their resolve only deepens.

Last night appeared to be marginally calmer across Bangkok and reports emerged about a possible ceasefire deal being brokered. But nothing was

confirmed.

Red Shirts continue to push for the dissolution of parliament and for fresh elections.

They say the current government — which gained power through the courts, a parliamentary vote and the backing of the military — must step down.

Government media has portrayed Red Shirt supporters as dumb as buffaloes; lackeys of former prime minister Thaksin Shinawatra who was removed by a military coup in 2006 and who now lives in exile.

But that might be simplistic.

"I'm not interested in Thaksin," Sanrut says bluntly. "For me, this is about justice."

TORSTAR NEWS SERVICE

South Korea They grow up so fast



Yesterday was the 38th Coming of Age Day in South Korea, a ceremony held to authorize boys and girls at the age of 20 — who have been living under the protection of their families — as independent individuals.

Companies to cut 1.5 trillion calories

FOOD Several of the U.S.'s largest food companies say they will take 1.5 trillion calories out of their products by 2015 in an effort to reduce childhood obesity.

The companies made the announcement through the Healthy Weight Commitment Foundation, a coalition of retailers, food and beverage manufacturers and industry trade associations.

The industry foundation said the companies will in-

troduce lower-calorie foods, change product recipes and reduce portion sizes to achieve the goal, seeking to reduce one trillion of the 1.5 trillion by 2012.

In a speech to an industry association in March, first lady Michelle Obama urged companies not to find creative ways to market products as healthy — including reducing fat and replacing it with sugar, or vice versa — but to increase nutrients as well. **THE ASSOCIATED PRESS**

35 dead in bus attack

INDIA Maoist rebels blew up a bus filled with police and civilians yesterday as it drove through central India, killing at least 35 people, police said.

Nineteen civilians and 16 police officers were killed in the attack that took place in the state of Chhattisgarh, which has been the site of fierce fighting between the Maoists and government forces in recent months, said a senior police officer.

Another police official said the bus was hit by a rebel land mine.

Police often ride in civilian buses, apparently in an attempt to avoid rebel attack — hoping that the insurgents would not target such vehicles for fear of losing local support.

THE ASSOCIATED PRESS

Ukraine Someone's gotta do it



Russian President Dmitry Medvedev arrived in Ukraine yesterday for a two-day official visit. Prior to his arrival, there was plenty of cleaning up needed outside the office of Ukraine's President Viktor Yanukovich in Kiev.

School re-hires dozens of staff

EDUCATION A school district that gained the support of President Barack Obama for promoting accountability after it fired all its teachers from a struggling school announced on Sunday it had reached an agreement with the union to return the current staffers to their jobs.

The two sides said a transformation plan for Central Falls High School in the state of Rhode Island for the coming school year would allow the roughly 87 teachers, guidance counsellors, librarians and other staffers who were to lose their jobs at the end of this year to return without having to reapply.

THE ASSOCIATED PRESS

News in brief

OIL DAMAGE The oil spill in the Gulf of Mexico has already spewed plumes over ecologically sensitive reefs, some of them part of a proposed marine sanctuary that would restrict drilling in a large swath of the northern part of the vital waterway. Marine scientists fear that two powerful Gulf currents will carry the oil to other reefs. The currents could spread it from the Florida Keys to central Texas. The depth of the gushing leaks and the use of more than 2.2 million litres of chemicals to disperse the oil, including unprecedented injections deep in the sea, have helped keep the crude

beneath the sea surface.

RAMPAGE A cleaver-wielding man attacked and wounded six women before jumping to his death, police said yesterday, in the latest in a series of such rampages in China. Police say a 20-year-old man identified only by his surname, Xie, hacked at a woman outside a restaurant in the city of Foshan, then rushed into a crowded market and wounded five other women before climbing the stairs of a building and throwing himself off the fourth floor. **THE ASSOCIATED PRESS**



Say what you will about oddball Libyan strongman Moammar Gadhafi, but the man knows business. Scan code for more. Learn how to scan on the Local page.

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

PM's wheel of fortune

NationalReport

Lawrence
Martin

metronews.ca/nationalreport

The streak of fortune continues. One of the unwritten stories about Stephen Harper is how the fates continually smile on him. Few Canadian politicians have ever been as fortunate.

The latest break came last week. Just when it appeared the Conservatives were about to lose a huge swath of supportive media in a newspaper sell-off, a dark-horse bidder saved the day.

Liberally inclined Torstar appeared to be the favourite to win the National Post and the other Canwest papers, all of them in the conservative philosophical corner. The thought of it had the Harper Conserva-

tives climbing the walls. The country's media landscape was about to change. But a surprise bid from a group led by National Post chairman Paul Godfrey saved the day.

Just how sensitive the Conservatives are to media has been demonstrated in their attacks on the CBC for using a pollster, Frank Graves, who says the Liberals should employ a culture war strategy against Harper. What the feverish Tory reaction should tell the Liberals is that such a strategy is a good one.

The break on the newspaper sale followed a highly fortunate turn

in January, when just as momentum for a national day of protest against his prorogation of Parliament was building, the Haitian calamity struck. It wiped out all other news and gave Harper a chance to change the dial, which he did effectively with an impressive Haitian relief effort. The prorogue protest went ahead but was half the size it would have been.

In years previous, the wheel of fortune seemed to always spin his way as well. During the coalition crisis he was at death's doorstep when the opposition parties blew the deal by bringing Bloc Leader Gilles Duceppe in to a press conference. Then the Governor General saved Harper's bacon by granting his

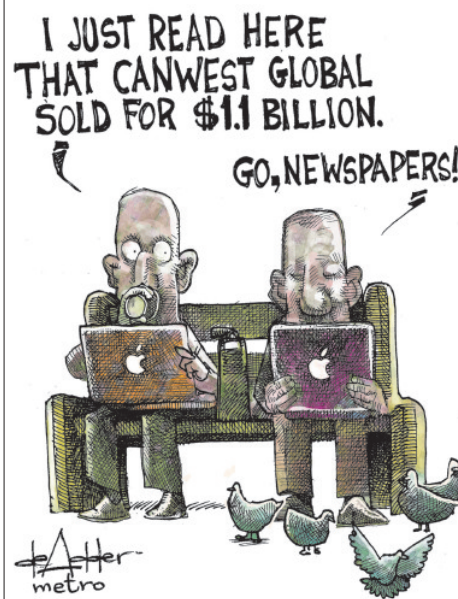
wish to shut down Parliament, thereby avoiding a confidence vote.

He received a remarkable break in the 2006 election, which brought him to power. Midway through it, the RCMP announced an investigation into the Liberals, which turned momentum in Harper's favour. Before that, during his opposition days, Harper got the break of a lifetime when the sponsorship scandal exploded, sending the Liberals plummeting in the polls.

He got good breaks in both his Alliance and Conservative leadership campaigns when no big-name opponents came forward to challenge for the titles. He's had great fortune as well in drawing weak opposition leaders thus far.

It's amazing. For other politicians luck usually runs out. For Stephen Harper, it just keeps on coming.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



Noteworthy

April warmest month on record: Climate experts

The Earth's average temperature for April was 14.5 C, the hottest for any April on record.

Asia, the western contiguous United States and most of China.

The National Oceanic and Atmospheric Administration says areas particularly warmer than average included Canada, Alaska, the eastern United States, Australia, South

13.3
The National Oceanic and Atmospheric Administration says the world's average temperature was the highest on record for the January-April period. For January-April, the average was 13.3 C, the agency said.

Climate experts said the El Niño warming of the tropical Pacific Ocean weakened in April, as sea-surface temperature anomalies decreased.

The report noted that Arctic sea ice

was below normal for the 11th consecutive April, covering an average of 14.7 million square kilometres.

Cooler-than-normal places included Mongolia, Argentina, far eastern Rus-

was below normal for the 11th consecutive April, covering an average of 14.7 million square kilometres.

THE ASSOCIATED PRESS

Worth mentioning

NATO unveils draft of mission statement

NATO must win the war in Afghanistan, expand ties with Russia and even China, counter the threat posed by Iran's missiles, and assure the security of its 28 members, according to the alliance's proposed mission statement for the next decade.

The draft document, released yesterday, seeks to bridge a growing rift between the U.S., which favours a greater international role for NATO, and European nations that want it to retain its traditional defensive focus.

"NATO must be versatile and efficient enough to operate far from home," said former U.S. secretary of state Madeleine Albright, head of the team of experts that wrote the docu-

ment. "(But) in order to sustain the political will for operations outside its area, NATO must see that all its members are reassured about the security of their home territories."

NATO Secretary General Anders Fogh Rasmussen will use the draft as a basis for a new strategic concept that will be submitted for approval at the alliance's next summit in Lisbon, Portugal, in November.

The previous strategic concept focused mainly on NATO's peacekeeping role in places like Bosnia and

Kosovo. It was adopted in 1999, soon after the end of the Cold War and before the Sept. 11, 2001, attacks in the United States forced the alliance to take on missions such as counterterrorism warfare in Afghanistan.

The war is the largest mission ever attempted by the alliance. More than 100,000 NATO troops, about two-thirds of them American, are currently deployed there. Nearly 1,800 NATO soldiers have been killed in the escalating conflict.

"In today's world we

may have to go beyond our borders to defend our borders. I can mention Afghanistan as a case in point," Fogh Rasmussen said.

"But Afghanistan is not a make-or-break situation for NATO. NATO is about much more than Afghanistan ... despite the fact that there is so much focus on Afghanistan right now."

The new statement emphasized the threat posed by Iran's nascent ballistic missile capability.

"Missile defence is most effective when it is a joint enterprise, and co-operation ... between the alliance and its partners — especially Russia — is highly desirable," the blueprint said.

THE ASSOCIATED PRESS

Mid-life crisis

• Founded in 1949 to counter the threat of a Soviet invasion, the 28-member NATO alliance is in the midst of a mid-life crisis as it searches for relevance almost 20 years after the collapse of its communist rival.

Quote of the Day

"At first we had a lot of concern about surface animals like turtles, whales and dolphins. Now we're concerned about everything."

— PAUL MONTAGNA, A MARINE BIOLOGIST AT TEXAS A&M UNIVERSITY CORPUS CHRISTI WHO STUDIES GULF REEFS. MONTAGNA AND OTHER SCIENTISTS FEAR TWO POWERFUL GULF CURRENTS WILL CARRY THE OIL SPILLED FROM THE DEEP-WATER HORIZON EXPLOSION TO OTHER REEFS.

THE ASSOCIATED PRESS

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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Ready for anything

A salesman with a doomsday plan is taking money for what he promises will one day be a comfortable, nuke-proof bunker in the Mojave Desert. Robert Vicino, who runs a company called Vivos, is already taking reservations for the bunker in Barstow, Calif. **THE ASSOCIATED PRESS**

9

Business

DOLLAR	GAS	OIL	TSX
 US 96.74¢ US .19¢	 US \$4.398 US 8.6¢	 US \$70.08 US \$1.53	 11,813 201.97

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Housing prices cooling down

REAL ESTATE Canada's hot housing markets is showing signs of cooling slightly. Home sales slid 2.6 per cent last month on a seasonally adjusted basis, down 6.8 per cent from the peak recorded in December, the Canadian Real Estate Association reported yesterday.

Meanwhile, the number of listings by owners who want to sell their house rose by 99,901, slightly surpassing the previous high for April set in 2008.

Although the average activity dropped, CREA president Georges Pahud said some of the country's major markets remain robust. **THE CANADIAN PRESS**

Trade Going nowhere?



U.S. Commerce Secretary Gary Locke rides on a Disneyland train in Hong Kong yesterday. U.S. leaders want China's clean energy boom to drive technology exports and are sending a sales mission to Beijing this week. But Beijing wants to create its own suppliers of wind, solar and other equipment and is limiting access to its market, setting up a new trade clash with Washington and Europe.

\$10M for clean car research

The federal government has invested \$10 million to attract a top researcher in hybrid vehicle technologies to an Ontario university.

McMaster University in Ontario announced yesterday that Ali Emadi, a well-known American developer of electric powertrain technology, will join the university in conjunction with the development of a hybrid vehicle research facility.

The government investment is part of a broader push to expand Canada's research and development capacity in the area of green vehicle technologies. **THE CANADIAN PRESS**

In December, auto parts giant Magna International Inc. and the federal government announced a \$7.2-million research effort with the goal of developing lighter-weight, more environmentally friendly auto parts.

In the U.S., President Barack Obama has said he wants one million electric vehicles on the road by 2015 and has invested billions of dollars in car makers to help accomplish that. **THE CANADIAN PRESS**

In brief

CANWEST Canwest Global Communications says it has received approval from the Ontario Superior Court to move forward with the sale of its publishing division, which includes the National Post newspaper. The company says it will now proceed with an agreement to sell the assets to a group of creditors led by Post president and CEO Paul Godfrey for \$1.1 billion. **THE CANADIAN PRESS**



In Japan's male-dominated business, beauty products are a way for women to get ahead.

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Your Money

EDITOR: FERMIN.DESOUZA@METRONews.CA

Breaking out of financial paralysis

Last week family indebtedness in Canada hit a historic high. No wonder I'm getting so many letters from those paralyzed by their financial situation. Whether the problem is being house poor, a layoff, overspending, or too little money

Alison On Money



Alison Griffiths

metronews.ca/alisononmoney

chasing too many expenses,

the result is often paralysis, the inability to do anything to improve your situation.

Some easy targets are the daily java jolt, snacks and lunch. Just the other day I listened to two women in a downtown elevator moaning about their credit card debt while they were each

carrying giant specialty drinks and a pastry.

Small stuff perhaps, but over time they pack a financial punch. Chopping just \$3.50 a day adds up to nearly \$1,300 a year in savings.

Depending on your marginal tax rate, you need to earn anywhere from \$1,800 to more than

\$2,500 to put that \$1,300 in your pocket.

Reinforce your success by stashing the daily savings in a piggy bank, jar or sock and plunk it on an outstanding debt every week.

Remember, start small, build confidence and bigger things will follow. Once a saving behaviour has been cemented you are well on your way to combating financial paralysis.

The next step is to aim for something bigger.

Summer is coming, why not axe the gym membership?

Do your own nails. Chop extra services on your cell or land line. Reduce your television package. Check your insurance policies — you may be paying too much.

I just did all of this and



When you're financially paralyzed, start small to build confidence.

the savings amounted to nearly \$300 a month.

Very little pain and lots of gain — \$3,420 annually (I have to earn \$5,000 to pocket that.)

Take heart. Baby steps are all you need to eliminate financial paralysis.

Alison Griffiths is a financial journalist, author and host of Moxed Out on the W Network. Write to her at griffiths.alison@gmail.com.

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Market volatility a sign of the times

The first thing investors need to realize today is that volatility is here to stay. We have more flash traders, high frequency and derivatives traders than ever before. There are many traders setting up computer programs designed to sell or buy when the market reaches certain levels. Thus, all that is needed is a spark to move the markets one way and touch on a technical point and BOOM!

A cascade of trades are triggered that moves the market in a matter of seconds.

This is one of the reasons why we experienced the huge sell-off a few weeks ago. The spark can come from anywhere, such as geopolitical events, government initiatives or environmental issues.

Thus to be an investor today, you must be on top of any global event that can affect your portfolio.

I believe we are still in the midst of a bull market run. I feel individual investors will finish the year higher than where they started.



However, I also believe that due to the increased volatility, market growth at times will leave investors doubting the move higher.

What should investors be doing to protect themselves? Today, more than ever, individuals need to have a diversified portfolio. They need to look at types of investments that are not in the market (e.g. bonds) to protect their assets.

If you are looking for growth, you want to own large blue chip investments that pay good dividends.

One thing I know from history is that the best days in the stock market often come right after the worst.

Allan Small is an Investment Adviser with Dundee Securities Corporation. He can be reached at asmall@dundeesecurities.com

Your Money in brief

EXCHANGE RATES The Canadian dollar closed down 0.19 of a cent US at 96.74 cents yesterday. The U.S. dollar stood at 103.37 cents Cdn, up 0.20 of

a cent. The pound sterling settled \$1.4973, down 0.23 of a cent and \$1.4485 US, down 0.50 of a cent.

THE CANADIAN PRESS

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Cole Harbour's Hiltz to play for Tigers

Cole Harbour's Stephanie Hiltz has committed to join the Dalhousie Tigers women's basketball team this fall. Hiltz, a former high school all-star with the Auburn Drive Eagles, played one game for St. Francis Xavier in 2008-09 before requiring surgery for a knee injury. **METRO HALIFAX**

11

Sports



Burt named to national team

Dalhousie Tigers all-star middle blocker Max Burt, left, a native of Gander, N.L., was named to the Canadian national men's volleyball B team yesterday. The B team is preparing for the 2011 University Games in China and will train in Gatineau, Que., over the next six weeks. **METRO HALIFAX**

EDITOR: DON.MCHOULL@METRONEWS.CA



Brittany Haverstock of Hammonds Plains wheels the puck up the ice for the Wisconsin Badgers.

Sacrifice pays off

Haverstock recognized by Hockey Canada brass

MATTHEW WUEST

matthew.wuest@metronews.ca

Moving away from home five years ago wasn't easy for Brittany Haverstock. But as she continues to make an impression on Hockey Canada's top talent evaluators, that sacrifice is paying dividends.

The 20-year-old from Hammonds Plains, now a sophomore blue-liner with the NCAA Division I Wisconsin Badgers, has been living away from Nova Scotia since she was 15, when she moved to Alberta in Grade 10 to enroll at Warner Hockey School.

"It was difficult being away the first couple of months," she recalled. "I was definitely very young to leave. But once you get used to it, it's a great opportunity."

Moving away has limited Haverstock's time at home to little more than Christmas holidays and brief summer visits. But it ultimately landed her a scholarship at Wisconsin and coveted spots on the Canadian un-

Representing

- Nova Scotians who will train with Hockey Canada's women's program at a strength and conditioning camp in Calgary from May 25 to 30.
- G Carmen MacDonald, Pictou
- D Alexis Crossley, Cole Harbour
- D Brittany Haverstock, Hammonds Plains
- F Jillian Saulnier, Halifax
- F Blayne Turnbull, Stellarton
- F Jessica Wong, Baddeck

der-18 and -22 teams.

Most recently, she was identified among 109 up-and-comers for Hockey Canada's strength and conditioning camp from May 25 to 30 in Calgary, an event designed to mold the national team's stars of tomorrow.

Haverstock has been doing all the right things to get to the top.

"It's going to take a lot of hard work," she said. "It's a final goal for me (to make

the national team) but it's not something you focus on. There are so many little steps in between."

Next week's camp is one of those "little steps," as has been Haverstock's steady year-by-year development.

She couldn't have asked for more as a freshman in 2008-09, when she made the Western Collegiate Hockey Association all-rookie team and tallied 17 points in 39 games to help the Badgers win an NCAA title.

Although her point total dipped to seven this past season, the Badgers lost five key seniors after their championship run and entered a rebuilding phase under U.S. Olympic head coach Mark Johnson.

"I think we learned a lot this year," said Haverstock, who describes herself as an offensive-minded blue-liner. "We're going to be hungry to have a really great season next year and I'm looking forward to it."

"Our goal is to win (the next) two national championships. That would be awesome."

Unable to field team, Halifax City bows out of league

SOCCER One of Nova Scotia's top women's teams has removed itself from the Nova Scotia Soccer League Premiership.

Halifax City, which captured a Jubilee Trophy as national senior champions two years ago and has won

two of the past three Premiership crowns, folded earlier this month because it was unable to field a team, a league spokesman said.

The move leaves the Premiership with seven teams, including four in the Hal-

ifax area: Defending champion Halifax Dunbrack, Halifax County, Dartmouth United and Suburban, formerly known as Scotia. Cape Breton, Highland and Valley round out the rest of the league. **MATTHEW WUEST**

/METRO HALIFAX

Nine Bluenosers make the cut

PADDLE Nova Scotia will be well-represented at the next two World Cup sprint canoe-kayak events in Europe.

Nine Bluenosers are among the 33 athletes named to the Canadian national team that will compete at international regattas in Szeged, Hungary, from May 28 to 30, and in Duisburg, Germany, from June 4 to 6.

Cracking the senior men's canoe team are Dartmouth brothers Andrew and Ben Russell along with Halifax's Richard Dalton. Windsor's Ryan Cochrane, who now

paddles out of Ottawa, and Waverley's Connor Taras earned spots on the senior men's kayak team.



Connor Taras

On the women's side, Middle Sackville's Jillian D'Alessio, Dartmouth's Una Lounder and Lake Echo's Genevieve Orton



Lake Echo's Genevieve Orton, front left, competes in a K-4 event at last year's world sprint canoe-kayak championships in Dartmouth. She was named to Canada's World Cup team yesterday.

have been named to the senior kayak team.

Dartmouth's Hannah Vaughan will represent Canada in under-23 women's kayak.

Four Nova Scotians will represent the national junior team at regattas in Szolnok, Hungary, on June 5 and 6, and Bochum, Germany, from June 18 to 20.

Fall River's Michelle Russell and Kentville's Alexa

Irvin are part of the women's kayak entry, while Dartmouth natives Adam Tenwolde in kayak and Jason McCoombs in canoe were awarded spots on the men's side.

McCoombs also nabbed a spot at the Lake Placid (N.Y.) International Regatta on July 2 and 3 along with Bedford's Liam Hatton in men's kayak. **MATTHEW WUEST**

/METRO HALIFAX

Sports in brief

FOOTBALL The three-time defending champion Metro Mustangs are off to a 3-0 start in the Nova Scotia Varsity

Football League after a 37-6 win over the Valley-Windsor WarDogs on the weekend. The Halifax Hornets improved to 2-

1 with a 34-6 win over the Dartmouth Knights. NSVFL action resumes on May 28.

/METRO HALIFAX

Automotive and Heavy Duty Career Opportunities

Starting September 2010, NSCC offers three programs that can get you started with a career in the service and repair of automobiles, trucks and heavy equipment.

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Automotive Service & Repair (Part-time) – A 2-year program where you learn all aspects of motor vehicle repair with classes, workshops and shop time scheduled on nights and weekends.

Heavy Duty Equipment/Truck & Transport Repair (Part-time) – A 2-year program where you learn skills necessary to start a career as a heavy-duty equipment or truck and transport technician apprentice.

Free Information Session

Date & Time: Tuesday, May 18th at 6:00pm
Location: NSCC Akerley Campus
21 Woodlawn Road, Dartmouth

Learn more about all three programs, call 1-866-679-6722 or visit nscc.ca.

nscc.ca

nscc

Albert Pujols was batting cleanup instead of his accustomed No. 3 spot for the first time in nearly seven seasons for the St. Louis Cardinals' first game since dropping out of the NL Central lead. Manager Tony La Russa said the move was all about energizing the player that's switching place with Pujols — Matt Holliday. **THE ASSOCIATED PRESS**

Big decision looms

Moncton star weighs return from injury to help team

Moncton Wildcats forward Nicolas Deschamps will weigh the desire to help his team avoid elimination against a potential career in the NHL, adding yesterday that any decision to return from injury to play at the MasterCard Memorial Cup would not be his alone to make.

The 20-year-old has been sidelined since April 23 with an undisclosed lower body injury, which has been reported to be a high ankle sprain. Deschamps practised in full equipment with the team for the first time yesterday and expects a decision on his playing status to be made after conversations with his agent and medical staff before Moncton's pivotal game to-

Spitfires win

Windsor Spitfires winger Taylor Hall scored two goals, collected one assist and likely added to a legion of admiring NHL scouts in a 6-2 win over the Calgary Hitmen last night that sent the defending champions directly into Sunday's final at the MasterCard Memorial Cup.

day.

"I don't want to put my career in risk, but all the hockey players who play, they just want to help their team win," he said. "It may be my last game in junior hockey, so it's hard to watch the guys. If everything's fine and I can join them, I'll be there for sure."

Moncton needs to beat the defending champion Windsor Spitfires today to avoid falling to 0-3, which would send the Wildcats to an early exit. The team blew a 3-0 lead in its first game of the tournament, losing 5-4 to Calgary after an odd bounce along the boards, and was shut out by the host Brandon Wheat Kings on Sunday.

Deschamps finished in a two-way tie for the QMJHL regular season scoring title with 39 goals and 96 points over 64 games. He was also selected by the Anaheim Ducks in the second round of the 2008 NHL Entry Draft, meaning he has to be mindful of any long-term damage he could incur by playing this week.

THE CANADIAN PRESS

Sports in brief

GOLF Tiger Woods has added the British Open to his summer schedule. Woods has a chance to become the first player in the history of the British Open to win three times at St. Andrews.

HOCKEY Nicklas Backstrom's contract is another long-term investment for the Washington Capitals: 10 years, \$67 million US. The Capitals announced their new deal with Swedish

centre yesterday, a reward after a season in which he set career highs with 33 goals and 68 assists. The 101 points ranked fourth in the NHL.

THE ASSOCIATED PRESS

NBA Western showdown



Los Angeles Lakers guard Kobe Bryant, right, passes as he is defended by Phoenix Suns' Grant Hill, right, Amare Stoudemire, No. 1, and Channing Frye during the first half in Game 1 of the Western Conference finals in Los Angeles last night. Bryant scored 40 points and Lamar Odom added 19 points and 19 rebounds as the Lakers triumphed 128-107. Game 2 is tomorrow night.

SCOREBOARD

NHL PLAYOFFS

TODAY'S GAMES

Montreal at Philadelphia, 8 p.m. (Flyers lead series 1-0)
Chicago at San Jose, 11 p.m. (Blackhawks lead series 1-0)

NBA PLAYOFFS

YESTERDAY'S RESULTS

L.A. Lakers 128 Phoenix 107

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Health & Beauty

EDITOR: EMMA.YARDLEY@METRONEWS.CA

Allergies affect more people now

CELIA MILNE
for Metro Canada



Ever noticed that far more people are allergic than in the past? It seems that every second person in the big city is sneezing and sniffing at this time of year.

Well, it's not your imagination. It's true.

"Allergic disease has increased frequency mainly in the last three decades," says Dr. Guy Delespesse, director of the laboratory for allergy research and a professor at the Hôpitalier de L'Université de Montréal.

The statistics show an alarming upward trend for asthma and allergies.

The prevalence of asthma almost doubled from 1980 to 1994, he says.

An astonishing three hundred million people worldwide suffer from asthma, and there are 250,000 deaths every year.

It is estimated that the number of people with asthma will grow by more

than 100 million by the year 2025.

It's not just allergic disease that is on the rise, says Delespesse.

"The same thing is happening in immune-mediated diseases in the same period of time."

Immune-mediated diseases are illnesses in which a person's immune system backfires and attacks their own body. Examples are type 1 diabetes, multiple sclerosis and Crohn's disease.

Doctors have figured out that something in our environment must be causing these sharp rises in disease. If it was strictly a genetic change, it couldn't happen that fast, says Delespesse.

It seems that people were better off when they lived on farms surrounded by animals and good, old fashioned dirt.

"Where allergies and asthma are the worst are where people congregate in large cities. Studies in Europe clearly demon-

STOCK



There is evidence that intestinal bacteria, which may protect us against allergies, is different in children who were raised on farms within close proximity to animals and dirt than city dwellers.

strate that children born and raised on farms, who have contact with animals, have a much lower incidence of asthma and allergies."

In other words, the cleanliness of modern society may be causing disease. Bacteria in the environ-

ment — which move into our guts — seem to be protective against allergies.

"There is evidence," says Delespesse, "that the intestinal bacteria of children who will develop allergy is different from those who won't develop allergies."

Several possible solu-

tions are being studied. One is to give probiotics to children who are at high risk for allergies, as this will boost the numbers of bacteria in their gut.

Another possible theory is that pregnant women need more zinc, magnesium, vitamin D and vita-

"Where allergies and asthma are the worst are where people congregate in large cities."

Dr. Guy Delespesse
director of laboratory
for allergy research
Hôpitalier de
L'Université de
Montréal.

min E in order to prevent allergies in their children.

Air pollution, especially diesel exhaust, is being studied as another possible culprit. Finally, the stress of living in a big city is thought to be a possible factor.

"This is a societal problem," says Delespesse.

On an individual level, he suggests we continue to clean our homes and take antibiotics when recommended by a doctor, but recognize the overall effect that killing bacteria has on society.

Connecting allergies and cancer

MEDICAL THEORY Hives. Sniffling. Sneezing. Itchy tongue. Allergies are a nuisance and can even be life-threatening.

But could it be that there's some good news for allergy sufferers?

There's an interesting theory among doctors that allergy may be protective against cancer.

What do the medical studies say?

"Literature suggests that

those with allergy have a reduced risk of developing cancer versus the general population," writes Dr. Susan Wasserman, an allergist in Hamilton.

She wrote Does Allergy Protect Against Cancer? for the Allergy Asthma Information Association of Canada's website.

Here is a possible explanation: Allergy and cancer are on opposite ends of the spectrum in terms of the

immune system.

Allergies occur when the immune system is in a hyper-reactive state, while cancer is a type of immunodeficiency, explains Wasserman.

It's possible that those with hyper active immune systems aren't as susceptible to cancer.

Many more studies are required before we have a definitive answer, she adds.

Is this an allergy or a cold?

How is an allergic reaction different from a cold or the flu?

Allergic reactions occur when the body's immune system over-reacts to a something it is exposed to. Common allergens include food, insect stings, latex, and medications. According to Health Canada, the top nine priority allergens are peanuts, tree nuts, sesame seeds, milk, eggs, seafood (fish, crustaceans and shellfish), soy, wheat and sulphites (a food additive). But there are plenty more.



- flushed face, hives or a rash, red and itchy skin
- swelling of the eyes, face, lips, throat or tongue
- trouble breathing, speaking or swallowing
- anxiety, distress, faintness, paleness, sense of doom, weakness
- diarrhea, cramps, vomiting
- drop in blood pressure, rapid heart beat, loss of consciousness
- anaphylactic shock

Here are the signs of allergies, from Health Canada's website:

If you are having mild symptoms, you should see your doctor. For severe reactions, go to the nearest Emergency room.

CELIA MILNE/FOR METRO CANADA

Your girlfriend. Your sister.
Your cousin ...
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which, come see us.

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New EpiPen makes it easier

DENISE SURETTE
for Metro Canada

MEDICAL EQUIPMENT For people living with severe allergies, those that can be potentially fatal from anaphylaxis, an EpiPen is a life-saving device.

Now there is a new, more user-friendly EpiPen to ensure anyone in distress will be able to use it quickly to receive that shot of epinephrine to quell the reaction.

One to two per cent of Canadians have an allergy so severe that anaphylaxis will occur when they are exposed to the allergen they are sensitive to. Common symptoms are swelling of the eyes, and throat, lips and tongue, which make breathing extremely difficult. Nuts, shellfish, eggs and insect bites are the most common allergens culprits.

The new EpiPen, which automatically injects epinephrine into your system, performs the same function as the older version but its casing has been improved. There is a built-in needle protector to cut down on accidental pricks, as well as an easy grip body



They've upped the safety features on the new EpiPen making it easy for anyone to use efficiently.

and clear instructions.

This easy-to-use EpiPen is especially important for children, who in an emergency situation need someone to help them administer the injection or do it themselves under duress.

Richard Mototsune of Toronto knows the stress of dealing with severe allergies as his eight-year-old son Mark has a number of life-threatening allergies. Mark was diagnosed with his first allergy at just nine-months-old.

"He had an anaphylactic reaction," says Mototsune. "After testing they said he needs an EpiPen."

Mark wears his EpiPen at all times on his belt, his

parents both carry them, and his school has a few on hand, just in case. Mototsune says his son knows there are certain foods he can't eat, such as green peas, eggs, sesame and peanuts.

He says through careful planning and always having his own food, Mark is able to participate in parties and visits with friends. "He's a pretty easy-going kid," says Mototsune. "If he's not able to eat something he's usually okay."

Although Mark knows how to use the EpiPen on himself (thanks to a training model) Mototsune hopes he will never be in a situation where he has to.

Allergic to love or just plain allergic?

The J Spot

Josey Vogels

metronews.ca/thejspot

Garth: Wayne, what do you do when, every time you see a really hot girl, you feel like you're going to hurl?

Wayne: I say hurl. If you blow chunks and she comes back, she's yours. But if you spew and she bolts, it was never meant to be.

— Pearls of wisdom from Wayne's World

The above dialogue is from the website tvtropes.org, which devotes an entire section to movies and TV shows that use the notion of being "allergic to love" as a storytelling device.

Like Stan, in the early seasons of South Park, who vomited uncontrollably when his love interest Wendy Testaburger so much as talked to him.

And, while you may not have vomited — or, as Wayne so eloquently put it "hurled chunks" — when you got near someone you did fancy, you've no doubt experienced the sweaty palms, felt an elevated heart rate, or got that feeling that you just may, well, hurl chunks.

Obviously, this kind of reaction doesn't mean you're technically allergic to your love interests; not in the way my husband is to wasps or my mother to shellfish, anyway.

Sure, it may feel like you're going to die if, say, the object of your affection doesn't return the feeling, but a few shots of tequila — not epinephrine — is more likely to cure your ills.

"Maybe you can actually be allergic to another person, possibly even someone you really like. Which would really put a damper on cuddling. As for being allergic to love, well, I definitely know a few people who seem to freak out every time it comes near them."

But what if you were not necessarily allergic to love but to the person you love?

According to Darcy Keenan, an Ottawa-based natural therapist who specializes in allergies (keenanclinic.ca), one can certainly have an allergic reaction to someone else if they've eaten foods you're allergic to or used certain cosmetics or products that

cause you to have an allergic reaction

I've also heard of cases of women being allergic to her partner's semen. Something to do with her antibodies not getting along with his antigens and causing a reaction.

Keenan adds that semen is affected by what a man eats and drinks, and thus, well, "You can extrapolate from there," he laughs.

Ted Edwards, an allergy expert I spoke to in the U.S. (allergypert.wordpress.com), said that using a far-too-complicated-to-

explain-here allergy clearing process called Cerebrospinal Kinesiology (even the name sounds complicated) he was able to help a young woman get over her allergy to her mother!

So maybe you can actually be allergic to another person, possibly even someone you really like. Which would really put a damper on cuddling.

As for being allergic to love, well, I definitely know a few people who seem to freak out every time it comes near them. You know the type. Every time a relationship starts to get serious, they find a way to sabotage it.

Though I suspect this is less a love allergy to love than an allergy to getting hurt.

If only they could develop an EpiPen for that.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com and follow her at twitter.com/joseyvogels



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Benign Essential Blepharospasm Week
May 16 - 22, 2010

Benign Essential Blepharospasm (BEB) is a disease that causes the eyelids to spasm and close uncontrollably. More than 3,000 Canadians suffer from this debilitating eye disease — which can lead to functional blindness — yet very few people know about it. BEB is not life threatening, but it is life altering. Those afflicted have trouble seeing, reading, walking, driving — in essence, difficulty leading normal lives.

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Top Chef set to release book

Spike Mendelsohn, a break out star of Bravo's Top Chef, will release The Good Stuff Cookbook: Burgers, Fries, Shakes, Wedges and More on May 31. His restaurant in Washington, D.C., has been a resounding success since its opening in 2008. **METRO NEWS SERVICES**

Food



More Skinny choices

Who says a healthier lifestyle can't be sweet? Just in time for summer, The Skinny Cow introduces two new low cal indulgences: Cookies and Cream Sandwiches bits (140 calories) — a vanilla sandwich swirled with chocolaty cookie bits — and Caramel & Vanilla Cones (150 calories) — vanilla ice cream drizzled with caramel sauce in a crunchy chocolaty coated sugar cone. Available at most grocery stores (\$7.49/per box of 4 or 5). **METRO NEWS SERVICES**

EDITOR: ANN-MARIE.COLACINO@METRONWS.CA

Simple and decadent

Veal Cutlets with Lemon-Garlic Sauce

SERVES 4

INGREDIENTS:

- Sauce**
- 1 head garlic
 - 2/3 cup reduced-sodium chicken broth
 - 1/4 cup fresh lemon juice
 - 2 tsp cornstarch
 - 1/4 tsp salt

Veal

- 4 veal cutlets
- 1/4 tsp salt
- 1 Tbsp Dijon mustard
- 1 lemon, very thinly sliced

METHOD:

1. Preheat oven to 375°F (190°C). Wrap garlic in foil and bake until tender (package will feel soft when pressed), 45 minutes. When cool enough to handle, cut off bulb top, squeeze out garlic pulp into small bowl, and mash until smooth.

2. Preheat broiler. Sprinkle cutlets with 1/4 tsp salt and brush with mustard. Top each cutlet with 3 lemon slices. Broil cutlets 10 cm from heat until cooked through, 2 minutes. Transfer cutlets to



Veal Cutlets with Lemon-Garlic Sauce are tangy and flavourful.

platter and cover loosely with foil to keep warm.

3. In small pot, whisk broth and lemon juice into cornstarch. Whisk in 1/4 tsp salt and roasted garlic. Bring to boil over medium heat and boil until sauce is lightly thickened, 1 minute. Spoon sauce over veal on platter.

Per Serving: 160 calories, 4 g total fat, 1 g saturated fat, 8 g carbohydrate, 2 g fibre, 24 g protein

Ambrosia

SERVES 6

INGREDIENTS:

- 3 navel oranges
- 1 small pineapple
- 2 large bananas
- 3/4 cup mini marshmallows
- 1/3 cup sweetened coconut flakes
- Fresh mint sprigs (garnish)

METHOD



Try Ambrosia for light, tropical dessert.

1. Cut thin slice off top and bottom each orange. Remove peel and pith with paring knife. Holding orange over large bowl, cut between membranes and lift out sections with knife, letting them fall into bowl with juices.

2. Using long serrated knife, cut top and bottom off pineapple. Stand pineapple up and cut off peel in sections, from top to bottom. Halve pineapple lengthwise. Place one half, cut-side down, on cutting board and slice lengthwise into 3 equal sections. Slice off hard core from each section, then cut sections crosswise into chunks, about 2.5 cm thick. Add to oranges in bowl and toss. Repeat with second half pineapple.

3. Slice bananas 0.5 cm thick and add immediately to fruit and juice in bowl; toss to coat. Gently fold in marshmallows and coconut. Cover with plastic wrap and refrigerate at least 2 hours or overnight to blend flavours. Garnish with mint sprigs.

Per Serving: 160 calories, 2 g total fat, 2 g saturated fat, 38 g carbohydrate, 4 g fibre, 2 g protein

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



A toast to the return of our favourite stylish foursome

Are you a Glamour Girl, a Park Avenue Princess, a Red Over Heels lady or perhaps you see yourself more as having Blonde Ambition?

Whatever your preference, SKYY Vodka has developed these four fabulous cocktail recipes that will have you toasting the return of your favourite Sex and the City foursome in style.

Glamour Girl

- 2 oz. SKYY Vodka
- 0.5 oz. fresh lemon juice
- 0.5 oz. fresh lime juice
- 0.5 oz. simple syrup or 1 tsp. sugar

METHOD

Rim a martini glass with Crème de cassis and sugar. Combine all ingredients in a cocktail shaker with ice. Shake vigorously and strain into the martini glass. Finish the cocktail with a drop

of Crème de cassis on top.

Blonde Ambition

- 1.5 oz. SKYY Vodka
- 1 oz. fresh orange juice
- 1/2 oz simple syrup or 1 tsp. sugar
- 1 lemon squeeze
- 5 raspberries

METHOD

Squeeze and drop lemon squeeze into a cocktail shaker. Add raspberries, SKYY Vodka, orange juice and simple syrup/sugar with ice and shake vigorously. Strain into a martini glass. Squeeze lemon disk over drink skin side out to spritz cocktail - then bend and drop into drink. Garnish in addition with a raspberry lightly dusted with powdered sugar on pick.

Red Over Heels

- 2 oz. SKYY Vodka
- 3 red grapes
- 2 basil leaves
- 0.5 oz. fresh lemon juice
- 0.75 oz. simple syrup or 1 tsp. sugar

METHOD

Muddle grapes and basil leaves in the bottom of a cocktail shaker. Add SKYY Vodka, lemon juice and simple syrup/sugar with ice and shake vigorously. Double strain into a chilled martini glass, and garnish with a basil leaf on the surface of the drink.

Park Avenue Princess

- 1.5 oz. SKYY Vodka
- 3 oz. lemon lime soda
- 1 lemon squeeze
- 0.25 oz. red wine

METHOD

Squeeze and drop lemon squeeze into a cocktail shaker with SKYY Vodka and lemon lime soda. Fill cocktail shaker with ice and stir. Strain into a tall Collins glass with fresh ice. Float red wine over top of drink as garnish. Serve with a skinny black straw.

METRO NEWS SERVICE



Glamour Girl

Park Avenue Princess

Blonde Ambition

Red Over Heels

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Availability for meetings, parties, weddings, etc.

An internal tracking system that would combat food fraud has been developed by a professor at the University of Saskatchewan. The Grocery Manufacturers Association has found that five to 10 per cent of foods sold commercially are subject to adulteration.

A nutrient-rich salad

Delight in the tastes of the spring season with this nutrient-rich salad with locally grown asparagus and tuna.

Tuna and Asparagus Salad

4 SERVINGS

INGREDIENTS:

- 1 l (4 cups) torn romaine, Boston bibb, red or green leaf lettuce
- 1 ripe avocado, cubed
- 1/4 small red onion, sliced thinly
- 8 stalks asparagus, trimmed, blanched and chopped
- 1 can (170 g/6 oz) water-packed tuna, drained
- 50 ml (1/4 cup) toasted pumpkin seeds or sunflower seeds

Vinaigrette

- 75 ml (1/3 cup) unsweetened apple sauce snack
- 50 ml (1/4 cup) each vegetable oil and freshly squeezed lime juice (about 2 limes)
- 15 ml (1 tbsp) honey

METHOD:

In a small jar with a



Tuna and Asparagus Salad.

tight-fitting lid, place vinaigrette ingredients, shake well and refrigerate until ready to use. Shake before use.

Salad: Pour boiling water over asparagus spears and let stand for 2 to 3 minutes; drain and plunge asparagus into ice-cold water

to stop the cooking. Pat dry.

Place lettuce on a large platter or in a bowl; top with avocado, onion, asparagus and tuna. Just before serving, drizzle with vinaigrette to taste and top with pumpkin seeds; serve immediately.

Nutritional information per serving: 332 calories, 15 g protein, 27 g fat, 4 g saturated fat, 14 g carbohydrates, 6 g fibre, 156 mg sodium.

(Source: Mott's Fruita-sations)

THE CANADIAN PRESS

Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

Wheat beers

don't care what the calendar says: In Canada, summer officially starts on the Victoria Day weekend. And while I have no doubt that a wide variety of libations will be consumed during the thousands of barbecues held across this great country in celebration of her majesty Queen Vicki, even a wine guy like me has to admit that long weekends belong to beer.

Now, while the term beer may cover a whole lot of liquid territory, my feeling is that the true summer brew is made with wheat: Fresh, citrusy and still serving up as much bravado as a classic U.K. ale.

A great wheat beer is cloudy, full-figured and often throws its fare share of unfil-tered sediment.

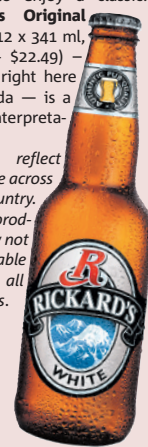
Unless you're German, the

classic version is Belgium's **Hoegaarden** (6 x 330 ml, \$13.49 - \$13.95): An easy-drinking wheaty that's spiced up with an injection of coriander and orange peel. Over in Deutschland the bright, full-flavoured **Erdinger Weissbier** (500 ml, \$3.05 - \$4.21) sets the standard.

But you don't have to travel far to enjoy a classic.

Rickard's Original White (12 x 341 ml, \$21.95 - \$22.49) — brewed right here in Canada — is a tasty interpretation.

Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

ADVERTISING FEATURE

Canadian Dairy: The Informed Choice



"Canadian milk meets high standards of quality and safety," says Bob Stultz. "But keeping it that way takes a lot of hard work. Farmers, processors, retailers and even consumers have a role to play in making Canadian dairy products safe, fresh, and nutritious."

Bob's in touch with all the players in the Canadian dairy industry. As Director of Market Development and Pro-active Media Group with Dairy Farmers of Canada (DFC), it's his job to listen to those who produce dairy products, those who sell them, and those who consume them. Their biggest concern? Helping consumers make informed decisions.

"Consumers want dairy products they can trust," Bob explains. "They want to know where the products come from; what's in them. They know milk is healthy—not like a soft drink that has to be promoted on what it doesn't contain. Yet every day people are bombarded with food claims, some of them untrue. DFC addresses these claims and communicates the facts about Canadian dairy products to everybody."

That's where the 'pro-active' part of Bob's job begins. When the dairy

industry has a story to tell, Bob's team tells it—through media, through live events, and through seminars and school visitations. Where misunderstandings exist, he seeks to correct them. "Border confusion" is a great example," says Bob. "Canadians hear about growth hormones being permitted in dairy products down south and assume the same is true up here. So we explain that artificial growth hormones (such as RBST) are not legal for sale in Canada—our industry doesn't allow it."



For recipes and more info on 100% Canadian milk, go to metronews.ca/canadianmilk

One of Bob's best communication tools is the 100% Canadian Milk symbol, now a fixture on many Canadian dairy products across the country, assuring consumers that the milk used in their dairy products is produced here, in Canada, according to the highest standards. "The symbol gives consumers what they want: information," Bob says.

"And nothing's better for the Canadian Dairy industry than an informed consumer, because the more you learn about our products, the more you like them. Truly, we're all in this together."



Behind this symbol is a source of pride.

We can be proud of products bearing the 100% Canadian Milk symbol. It means they are made from locally produced milk renowned for its purity, high quality and great taste.

Look for this symbol on your dairy products.

asourceofpride.ca

Flood relief

Music conquers all in Nashville — and it came to the rescue of flood victims Sunday during a telethon that raised more than \$1.7 million for relief in the region. Brad Paisley, Keith Urban, Sheryl Crow and Martina McBride were among the artists who took part. **PEOPLE.COM**

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Music man

Robert Pattinson wants to play a sex and drug obsessed record label A&R man in a new movie. He has his sights set on playing Steven Stelfox in an adaptation of the novel *Kill Your Friends*. **FEMALEFIRST.CO.UK**

Crash Test Dummies return

TheAudioFiles

Bryan Borzykowski

metronews.ca/music

It's been 17 years since the Crash Test Dummies released the multi-platinum selling album *God Shuffled His Feet*, but it's hard to forget that this Winnipeg band was — in the midst of grunge — one of Canada's most successful acts.

For a lot of people, Brad Roberts' deep baritone voice and sweet, folk pop melodies were the perfect antithesis to the constant barrage of flannel and angst-fueled distorted rock.

But, while the band wasn't exactly a one hit wonder — Superman's Song, Mmm Mmm Mmm Mmm and XTC cover The Ballad of Peter Pumpkinhead were all popular — it shouldn't have come as a surprise that the stronger grunge became, the weaker the Crash Test Dummies' future looked. It didn't take long before the masses lost interest; the band officially faded out in 2004.

Roberts could have left it there, but this year he revived the Dummies name, teamed up with original member Ellen Reid and, last week, released *Oooh La La*, the group's ninth record.

It's an unexpected return — there weren't many people clamouring for a Dummies reunion —



Frontman Brad Roberts has revived the Crash Test Dummies.

and even Roberts was surprised. "I started writing, with (producer) Stewart Lerman for fun. Purely for the sake of making music," he says on the phone from New York. "It sounded so good to me that how could I not promote this record?"

While he's excited to get back on stage, he admits

that he enjoyed not playing music. Being recognized on the street had gotten to him a long time ago and he could do without record label pressures and not making any money, the real reason why he wound down the band.

"In 2004 I realized I couldn't continue making

records because I wasn't making any money," he says. "I couldn't afford to pay away money on vanity projects."

Those were tough times, but these days he's a little wiser. He's stripped the group down to three members, they are playing intimate acoustic shows, and the band is only touring 10 days at a time.

It's too early to tell how the reformed band will be received, his new album is interesting. He wrote most of it using an optigan — a keyboard from Mattel that plays a bunch of pre-recorded, full-band sounds. Roberts basically recreated the sounds, with a live band and then added vocals and other musical flourishes on top.

It's easy to tell that this is

"I realized I couldn't continue making records because I wasn't making any money." Brad Roberts

a record made by someone who doesn't care about sales anymore; it's relaxed and fun. But it probably won't make Roberts rich again. And, perhaps the most impressive part about this comeback is that he's ready to deal with success or failure this time around.

"If I don't make money I will retire again," he says. "If I do make money I'll release another record."

Bryan Borzykowski is a business and entertainment writer. Follow Metro Music on Twitter @TheMetroMusic

101.3 THE BOUNCE

Interactive NINE 9

For May 17th

9 Kardinal Offishall ft Akon - BodyBounce

8 B.o.B ft Bruno Mars - Nothin' On You

7 Miley Cyrus - Can't Be Tamed

6 Alex Lacasse - Like This, Like That

5 Hedley - Perfect

4 Down With Webster - Your Man

3 B.o.B ft Hayley Williams & Eminem - Airplanes

2 Drake - Over

1 Ke\$ha - Your Love Is My Drug

WE WANT YOU!

You could guest host the Interactive NINE@9.

1013THEBOUNCE.com

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/8/10	31	31	31	ABC News Center 5	World News	Inside Edition	Chronicle	Dancing With the Stars		Lost (HDTV) (N)		(11:02) V (N)
	7	7	7	ASN Road to Avonlea (DVS)	Degrassi: TNG	TMZ (N)		Dancing With the Stars		The Middle (N)	Old Christine	(11:02) V (N)
	11	11	11	CBC Wheel Fortune	Jeopardy! (N)	NHL Hockey Playoffs: Teams TBA	(HDTV) (Live)					National
	2	2	2	CBC-F Chère Betty (HDTV) (SC)	Squelettes	Tout		Bonnes desespérées (SC)		Bons baisers de France (SC)		Le Téléjournal
	32	32	32	CBS WBZ News (N)	Evening News	Wheel Fortune	Jeopardy! (N)	NCIS "Patriot Down" (N)		NCIS: Los Angeles (N)		The Good Wife
	69	69	69	CFTM TVA nouvelles	Le Cercle (SC)	La Fievre de la danse (SC)		Caméra café	Taxi 0-22 (SC)	La Grande Evasion (SC)		TVA nouvelles
	6	6	6	CHIF Entertainment	The Good Wife (N)			NCIS "Patriot Down" (N)		Glee "Dream On" (N)		News Final (N)
	9	9	9	CJCH etalk	Access H.	Law & Order: SVU		American Idol		Lost (HDTV) (N)		CTV News
	10	10	10	ELTV (6) EastLink Television				Podium TV		Community Matters		
	36	36	36	FOX Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	American Idol		Glee "Dream On" (N)		Fox First
	12	12	12	NBC News (N)	Nightly News	Access H.	Extra (N)	The Biggest Loser Final four contestants run a marathon.		Parenthood (N)		
	29	29	29	NW (6) Power & Politics		The Lang & O'Leary Exchange		Connect with Mark Kelley		CBC News: The National		National
	4	4	4	PBS-B PBS NewsHour (N)		Greater Boston	Maria Hinojosa	NOVA (DVS)		Frontline "The Wounded Platoon" (DVS)		
	35	35	35	PBS-D PBS NewsHour (N)		Business Report	Stevens Europe	NOVA (DVS)		Pedigree Dogs Exposed		Frontline (N)
	68	68	68	TQS Guerre clans	Atomes croch	Onclie Charlie	Roxy (N) (SC)	CSI: NY (DVS)		Flashpoint (SC)		L'Attaque à 5
	23	23	23	60 BNN Business News	Headline	Market Call Tonight		The Close	Market Call	Squeeze Play		Business News
	18	18	18	CNN Situation Room-Wolf Blitzer		John King, USA		Campbell Brown (N)		Larry King Live (N)		Cooper 360
	54	54	54	GOLF Golf Central	In the Bag	Learning	Inside PGA	The Story of Golf		The Story of Golf (N)		World of Golf
	52	52	52	RSE Connected W-Prime Time		MMA Conn	Sportscast Con.	Hockey Memorial Cup: Teams TBA		(HDTV) (Live)		
	55	55	55	SCOR After Wrestling	Covers Experts	Cabby Unlimit	Sportscast Today			Score Now		Score Now
	45	45	45	SPD NASCAR Hall of Fame (HDTV)		NASCAR Race Hub (HDTV) (N)		NASCAR Hall of Fame Biogra		Race in 60 (N)		NASCAR Hall
	53	53	53	TSN Off the Record	SportsCentre	That's Hockey	Interruption	Draft Lottery	NBA Basketball			
	43	43	43	FAM Han, Montana	Wizards-Place	Sonny-Chance	Suite Life	Overruled!	Han, Montana	Wizards-Place	Latest Buzz	Ned's School
	44	44	44	TOON Jimmy Two	Johnny Test	Total Drama	Total Drama	Reba	Reba	According-Jim	According-Jim	Home Improve.
	26	26	26	TREE Wonder Pets	3rd and Bird	Backyardigans	Night Garden	Corner Gas	Name Is Earl	The Simpsons	South Park	Conchords
	27	27	27	YTV iCarly	To Be Indie	That's-Weird	Family Biz	Waybuloo	Toopy & Binoo	Franklin	Babar	Little Bear
	16	16	16	A&E The First 48 "Hard Fall"		The First 48 (HDTV)		Malcolm	Hates Chris	8 Simple Rules	Family Biz	To Be Indie
	70	70	70	APTN APTN National News (N)		Fish Out of	Mixed Blessing	Criminal Minds "Doubt"		Criminal Minds (HDTV)		Criminal Minds
	50	50	50	BET 106 & Park: BET's Top 10 Live (N)				Cashing In	Rabbit Fall	Arbor Live Domenica.		Beyond Words
	37	37	37	BRVO Emily of New Moon		Chantal Kreviazuk Live		Who's Your Caddy? * (2007, Comedy)	Jeffrey Jones	Tiny & Toya		Spect
	25	25	25	CMT CMT's Top 20 Steamiest		Amer. Funniest Home Videos		Romantic Portrait Yundi Li	Altered by Elvis			
	49	49	49	COM Just for Laughs		Air Force	22 Minutes	Reba	Reba	According-Jim	According-Jim	Home Improve.
	153	153	153	COURT Killer Next Door		Trace Evidence-Dr. Henry Lee		Corner Gas	Name Is Earl	The Simpsons	South Park	Conchords
	38	38	38	DISC Destroyed	Daily Planet (N)			Criminal Mind	Criminals	Navy SEALs: Untold Stories		Evidence
	34	34	34	HGTV Extreme Makeover: Home		House Hunters	Property Virgin	How It's Made	How It's Made	Destroyed	Destroyed	Deadly Catch
	46	46	46	HIST Ancients Behaving Badly		Aftermath (HDTV)		Outdoor Room w/ Jamie Durie		Sarah's House	Genevieve	House Hunters
	17	17	17	MM Buffy the Vampire Slayer		Gossip Girl (N)		Cities of the Underworld		Pawn Stars	Pawn Stars	Nostradamus
	19	19	19	MMMM mmtop10.ca		The Daily Fix		Styl'd		When I Was 17	When I Was 17	Video on Trial
	201	201	201	M1 (6:50) Gangster Exchange (2009)				Ranked!		mmtop10.ca		HammerTime
	48	48	48	OLN Mantracker		Ghost Hunters		Who's Your Caddy? * (2007, Comedy)	Jeffrey Jones	Terminator Salvation ** (2009)		
	51	51	51	PEACH The Office	The Office	MLB Baseball New York Mets at Atlanta Braves	(HDTV) From Turner Field in Atlanta. (Live)	Destination Truth		Operate-Repo	Operate-Repo	Ghost Hunters
	206	206	206	PIX (6) Rio Bravo *** (1959, Western)				Nothing * (2003, Comedy) David Hewlett.		13 Going on 30 (2004, Romance-Comedy)		Seinfeld
	67	67	67	RDI RDI monde	RDI économie	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie
	39	39	39	SHOW Trailer Park	Trailer Park	Relic Hunter		Behind the Wall (2008, Suspense)	Lindy Booth.			Californication
	40	40	40	SLICE Tii Debt-Part	Wedding SOS	Rich Bride Poor Bride		Party Mamas	Party Mamas	Wedding SOS		Wedding SOS
	47	47	47	SPACE Stargate SG-1 (DVS)		Stargate Atlantis (DVS)		Star Trek: Voyager		Medium "Dead Meat" (N)		Fringe
	14	14	14	SPICE CSI: Crime Scene Investigat'n		CSI: Crime Scene Investigat'n		Deadliest Warrior (HDTV)		Deadliest		Deadliest
	98	98	98	STAR etalk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		Dr. Oz Show
	21	21	21	TLC Toddlers & Tiaras		Toddlers & Tiaras		World's Tallest Children		19 Kids-Count	19 Kids-Count	Strong-Toddler
	34	34	34	TROP End of Leash	Last 10	The Celebrity Apprentice The two finalists are determined.		Dog Whisperer		Les Invincibles (SC)		End of Leash
	20	20	20	TVS Que-champion	Journal de Fr2	Zoom animal		Parlir autrement		Soul "My Way" (DVS)		ADN: Accel.
	28	28	28	V Just Cause		Murder, She Wrote		Missing "Delusional"		Medium		Unscripted (N)
	97	97	97	VIVA Psychic Inv.	Encounters	Cold Case		Style by Jury	Beauty Call	Beauty Call		Cold Case
	22	22	22	W House-Sell	House-Sell	Supernanny		Style by Jury	Beauty Call	Style by Jury		Held Hostage
	251	251	251	WGN WGN Evening News		Two/Half Men	Family Guy	90210 "Confessions" (N)		Life Unexpected (HDTV)		WGN News

critics' corner

Owning Mahogany The Good Wife

Eli (Alan Cumming) works on getting Peter's (Chris Noth) charges dropped, while Alicia (Julianne Margulies) finds herself once again defending one of her least favorite clients: accused wife killer Colin Sweeney (guest star Dylan Baker), who claims self-defense when she finds him handcuffed to a dead woman. Christine Baranski and Josh Charles also star in the new episode "Hybristophilia." 8 PM on CHIF



Parenthood

Sarah and Adam (Lauren Graham, Peter Krause) argue about their daughters' (Mae Whitman, Sarah Ramos) behavior, jeopardizing a family walk to support an autism charity. Jasmine auditions for a New York dance company. 11 PM on NBC

V

Val's (Lourdes Benedicto) water breaks, marking the imminent arrival of her baby with Ryan (Morris Chestnut). Erica and Tyler are invited up to the Mothership for a dinner. Chad (Scott Wolf) makes the devastating discovery that Anna has been using him in the season finale, "Red Sky." 11:02 PM on ABC ASN

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Celebrity Buzz

Two years later family misses Ledger

SO DO HIS MANY FANS AROUND THE WORLD He's been gone for more than two years, but Heath Ledger's family continues to make sure his memory is here to stay, people.com reports.

"He is alive in my heart and in my head. Every day I talk to him," Ledger's sister, Kate told People last week at the sixth annual Australians in Film Breakthrough Awards. Kate and Ledger's mother, Sally Bell, were on hand to watch Colin Farrell present up-

and-coming actress Bella Heathcote with the Heath Ledger Scholarship.

"It is very special," Kate said. "It's honouring our boy so we couldn't be prouder

and we think it is an amazing scholarship that is going to give so many opportunities."

His mother added, "He had a huge passion for acting. That was the most important thing for him. It wasn't about the money. He had such a passion that just showed through regardless of how big the role was."

Ledger's family said it comforts them to know he will be forever immortalized in films, but Kate admitted that "we haven't been able to watch any."

"We find that too difficult," the late Oscar winner's mother added.

METRO WORLD NEWS



Olsen's plane makes an emergency landing

AND SURPRISINGLY SHE IS NOT TO BLAME, WE HOPE AT LEAST Ashley Olsen's plane was forced to make an emergency landing on Sunday, femalefirst.co.uk reports.

The 23-year-old actress-and-designer was travelling from New York to Los Angeles with her boyfriend, The Hangover actor Justin

Bartha, when an electrical fire sparked in the cockpit, forcing the pilot to land the aircraft in Virginia.

Publicist Phil Lobel — who was a passenger on the plane — told ET Online the incident was a "harrowing experience" as the fire had caused the windshield to crack, which "obscured the pilot's ability to conduct a visual landing."

METRO WORLD NEWS



No marriage plans for Seyfried

SHE NEEDS TO TRACK DOWN HER THREE POTENTIAL FATHERS First Amanda Seyfried is perfectly happy with boyfriend Dominic Cooper, but that doesn't mean she's planning on making things official any time soon.

"A lot of people ask me, 'Is Dominic the one?' I don't know, and I'm fine with that," she tells Teen Vogue. "Too much planning can lead to heartbreak. Love is great and possible always, but it's very rare to have the feeling that 'I want to be with this person forever.'"

METRO WORLD NEWS



Stone set up LaBeouf, Mulligan

AND FOR HIS NEXT PROJECT: CUPID, STARING HIMSELF Oliver Stone doesn't mean to boast, but he's taking credit for Shia LaBeouf and Carey Mulligan's relationship.

"It was all thanks to me," the director tells People magazine. The young actors first met on Stone's

film, Wall Street: Money Never Sleeps, which premiered last week at the Cannes Film Festival.

"You could see their chemistry right away, and it was pretty powerful," Stone says. "They were completely professional on the set, but there was no mistaking what was happening."

METRO WORLD NEWS



Follow these celebrities on Twitter...

CelebTweets

COURTNEY LOVE is reaching out to Lindsay Lohan, **JIM CARREY** is doubting his abilities, and **JUSTIN BIEBER** knows how to party.



@CourtneyLoveUK @lindsaylohan i have this urge to help you today im sorry you left the hotel i think i know what to do for you, had it for a few days
@JimCarrey Spent 10min trying 2 spell 'exercise' 2day. Sometimes a word you know how 2 spell suddenly just doesn't look right, even on spell check.

@justinbieber got to go to Sea World yesterday and see. Shamu made me believe and i got to make out with some Beluga Whales. good times

METRO NEWS SERVICES



Suri the fashion guru

AND GIVING HER EVERYTHING SHE WANTS ISN'T GOING TO CAUSE PROBLEMS LATER ON.

Despite wild reports of high-priced wardrobe items — including \$850 Ferragamo bags and \$635 dresses — Tom Cruise says four-year-old Suri Cruise gets whatever she wants when it comes to fashion.

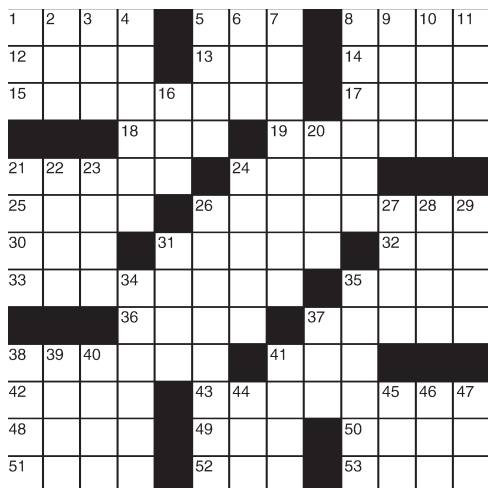
"Whatever she wants to wear, she wears it," he tells Oprah Winfrey about his daughter with Katie Holmes. "I'm not going to tell her different."

METRO WORLD NEWS



For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

- 1 Relinquish
- 5 The D in DJIA
- 8 Faction
- 12 Credit card name, for short
- 13 "... rose — rose"
- 14 Operatic solo
- 15 Richly sweet
- 17 Victory's opposite
- 18 Charged bit
- 19 Hypnotic state
- 21 Treaties
- 24 Strait-laced
- 25 Capri, e.g.
- 26 2010 Oscar-winning film
- 30 Greek cross
- 31 Working-class member
- 32 Expert
- 33 Plausible but untrue
- 35 Burn somewhat
- 36 On a pension (Abbr.)
- 37 Move laterally
- 38 Read
- 41 Encountered

- 42 Astringent
- 43 Kind and courteous
- 48 Arm or leg
- 49 One part of ENT ...
- 50 ... and another
- 51 Church service
- 52 Agt.
- 53 "Pygmalion" playwright

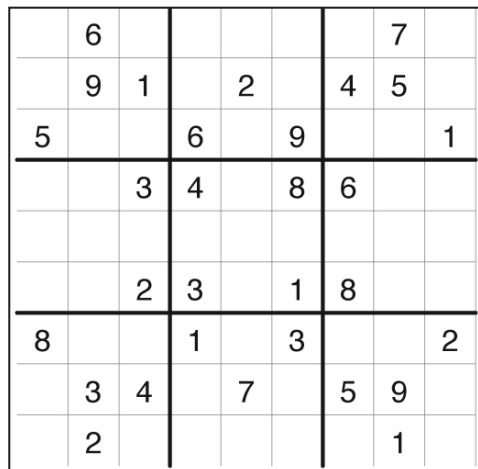
DOWN

- 1 Ore, neighbor
- 2 Ostrich's kin
- 3 — Moines
- 4 Stir up
- 5 "My Heart Will Go On" singer
- 6 Buckeyes' sch.
- 7 Strangers to frugality
- 8 Deli sausage
- 9 Press
- 10 Platter
- 11 Relaxation
- 16 One of the Cyclades
- 20 Wedding shower?
- 21 Quarries
- 22 Promptly, on a memo
- 23 Professor Plum's game
- 24 Exultant
- 26 Mentors' charges
- 27 Newspaper page
- 28 Caspian Sea feeder
- 29 Aching
- 31 Slapstick arsenal
- 34 Hansel and Gretel's trail
- 35 Peaceful protests
- 37 Moment
- 38 Coconut provider
- 39 Director Kazan
- 40 Piratic potables
- 41 "There's Something About —"
- 44 Knock
- 45 La-la lead-in
- 46 Patriotic chant
- 47 Stitch

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

LEE	CALIF	SOB	2	1	8	3	7	9	5	4	6
OVA	OBESSE	AIR	7	3	5	6	8	4	2	1	9
SARTORIAL	RNA		6	9	4	1	2	5	3	8	7
ALA	ALECKS		1	5	6	9	4	7	8	2	3
POSTED	CORA		3	2	9	8	5	6	1	7	4
ABA	REV	WASPS	4	8	7	2	3	1	9	6	5
LORD	SAD	STYER	8	6	1	4	9	3	7	5	2
MEDIA	NEW	IRA	5	4	3	7	1	2	6	9	8
IAMB	CANCEL		9	7	2	5	6	8	4	3	1
CONSUL	EGO										
ALLI	SARAN	WRAP									
VIA	ERASE	AGO									
EON	DEFER	HEX									



Horoscopes by Sally Brompton

sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20
Don't be too generous with your time and your money. An easy come, easy go attitude may be fun today but it won't be tomorrow if you end up poor.



TAURUS

APRIL 21-MAY 21
You seem to be going through a period of upheaval at the moment but you know that in the long-term it's for the best. Keep things simple.



LIBRA

SEPT 23-OCT 23
You will have to admit that some kind of dream is not going to come true. Perhaps you were aiming too high. It's time to move on.



SCORPIO

OCT 24-NOV 22
You have begun to see certain people in a new light, and so many of the things you argued about in recent weeks no longer seem to matter.



GEMINI

MAY 22-JUNE 21
You appear to be a bit confused. You appear to have lost your way. Maybe it's because you have tried to be too logical in your thinking in recent weeks.



SAGITTARIUS

NOV 23-DEC 21
You need to be more adaptable today. You also need to realize that there are certain things that not even you can do on their own. Get assistance.



CANCER

JUNE 22-JULY 22
With the Sun and Jupiter working in your favor today you should find it easy to come to terms with difficult situations. Look for on the bigger picture.



CAPRICORN

DEC 22-JAN 20
You may be ultra competitive but ask yourself: does it really matter that much who wins? You are taking some things far too seriously. Enjoy life.



LEO

JULY 23-AUG 23
Someone you have depended on many times in the past may not be there for you today and most likely you'll panic. It's for the best, for both of you.



AQUARIUS

JAN 21-FEB 18
Simplify your routine and cut back on non-essentials. You need to manage your affairs in a more organized way.



VIRGO

AUG 24-SEPT 22
Something will happen over the next 24 hours that helps you understand some of the apparently senseless things that have occurred in recent weeks.



PISCES

FEB 19-MARCH 20
The truth is rarely straightforward. What people say and what people mean are often two different things.



This day in history

- 1652: Rhode Island passes the first law in North America making slavery illegal.
- 1756: The Seven Years' War begins when Great Britain declares war on France.
- 1765: Fire destroys a large part of Montreal.
- 1783: First United Empire Loyalists reach Parrtown, Saint John, N.B., leaving the United States.
- 1860: Abraham Lincoln wins the Republican Party nomination over William H. Seward.
- 1980: Mount St. Helens erupts in Washington state, killing 57 people and causing \$3 billion in damage.

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